



*Partner with Us for  
Mental Health Awareness month!*

Mental Health America of South Central Kansas invites you to join us as we promote mental wellness.

Through advocacy, education and community engagement, MHA is committed to creating an environment where mental health is prioritized for all people.

Ways to Partner with MHA this May

- \*Pick a day and encourage everyone to wear green
- \*Host a 'green themed' scavenger hunt
- \*Collect donations for MHA throughout the month
- \*Participate in an MHA event during May
  - Children's Mental Health Awareness Day
  - 7 Days of Embracing Hope
- \* Create wellness spaces at your workplace
  - Meditation zone, Zen Garden, mental health resources/info
- \*Create a mental wellness bulletin board
- \*Sponsor an event/activity at MHA
- \*Encourage your workforce to take a free screening at [mhascreening.org](http://mhascreening.org)
- \*Host a lunch and learn with a presenter from MHA
- \*Turn your space green – decorate your office, organization, school green

Make a positive impact on your community this May

Turn heightened awareness into action

Invest in your future – take proactive steps to care for your mental health

Join us in making mental health a true priority

[www.mhaskc.org](http://www.mhaskc.org)

For more information or to Partner with Us:  
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